

| Teacher(s) | Maurage Pierre ; | | | | | |
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| Language : | French | | | | | |
| Place of the course | Louvain-la-Neuve | | | | | |
| Main themes | Epidemiology (prevalence, diagnosis, symptoms, comorbidities). | | | | | |
| | Main theoretical models of addictive states. | | | | | |
| | Cognitive, behavioural and brain effects of psychoactive substances. | | | | | |
| | Evidence-based psychological interventions on addictive states. | | | | | |
| Learning outcomes | At the end of this learning unit, the student is able to : | | | | | |
| | This course aims at: | | | | | |
| | Introducing the empirical approach of the conceptualization, diagnosis and treatment of addictive states. | | | | | |
| | Develop clinical abilities related to the treatment of addictive states. | | | | | |
| | Describe theoretical models and evidence-based intervention methods in the field of addictive states. | | | | | |
| | Present the neuroscientific and neuropsychological approaches of addictive states, and describe the theoretical and clinical perspectives related to these approaches. | | | | | |
| Evaluation methods | Written exam based on 20 short questions/answers (3-4 lines, 1 point per answer). | | | | | |
| Teaching methods | Lecture | | | | | |
| Content | This course will be based on 13 two-hour lectures organized around 3 axes (potentially modified according to th evolution of the scientific literature and the interests expressed by the students): | | | | | |
| | Axis I: General considerations on addictions | | | | | |
| | - Lecture 1: Historical approach of addictions / Evolution of the biopsychosocial perspective on addictions / Key concepts / Diagnosis criteria. | | | | | |
| | - Lecture 2: Main characteristics of substance-related addictions / Individual psychological and interpersonal factor invoved in addictions / Epidemiology of addictions. | | | | | |
| | - Lecture 3: Current empirical (psychological, medical, neuroscientific) models of addictions, and related clinical interventions. | | | | | |
| | - Lecture 4: Neurobiology of addictions and craving. | | | | | |
| | - Lecture 5: Cognitive, behavioral and brain-related effects of psychoactive substances. Axis II: Specific approach of the main addictions | | | | | |
| | - Lecture 6: Severe alcohol-use disorder | | | | | |
| | - Lecture 7: Cannabis and new synthetic drugs | | | | | |
| | - Lecture 8: Behavioral addictions | | | | | |
| | - Lecture 9: Masterclass given by an international researcher (topic to be determined) | | | | | |
| | Axis III: Clinical perspectives on addictions | | | | | |
| | - Lecture 10: Prevention techniques for addictive behaviors | | | | | |
| | - Lecture 11: Early interventions: adolescence and risky behaviors (including binge drinking) | | | | | |
| | Lecture 12: Neuropsychological approach: usefulness of cognitive remediation in addictions (Part 1) Lecture 13: Neuropsychological approach: usefulness of cognitive remediation in addictions (Part 2) and meetin with clinicians/patients | | | | | |
| Inline resources | Lectures' slides as well as compulsory/complementary scientific papers available on Moodle. | | | | | |
| | Lectures obligatoires et complémentaires, librement disponibles sur Moodle. | | | | | |

| Other infos | The course is given in French and the slides are in French, but complementary information (e.g. English translation for key slides) is available for international students upon request. | | | |
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| | The core reading for the course (compulsory and complementary papers) is in English. Basic English reading abilities are thus required. | | | |
| | The standard exam is a written exam in French. However, international students taking this course: | | | |
| | Will be allowed to use a dictionary when taking the written exam in French. Will be allowed 33% more time when taking the written exam in French, if requested at least 15 days before the exam via e-mail (pierre.maurage@uclouvain.be) Are provided with the opportunity to write their answers in English. | | | |
| Faculty or entity in charge | EPSY | | | |

| Programmes containing this learning unit (UE) | | | | | | | |
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| Program title | Acronym | Credits | Prerequisite | Learning outcomes | | | |
| Master [120] in Psychology | PSY2M | 4 | | ٩ | | | |