

Non-adherence to Direct Oral Anticoagulants among new users and old users in patients with atrial fibrillation in French clinical practice

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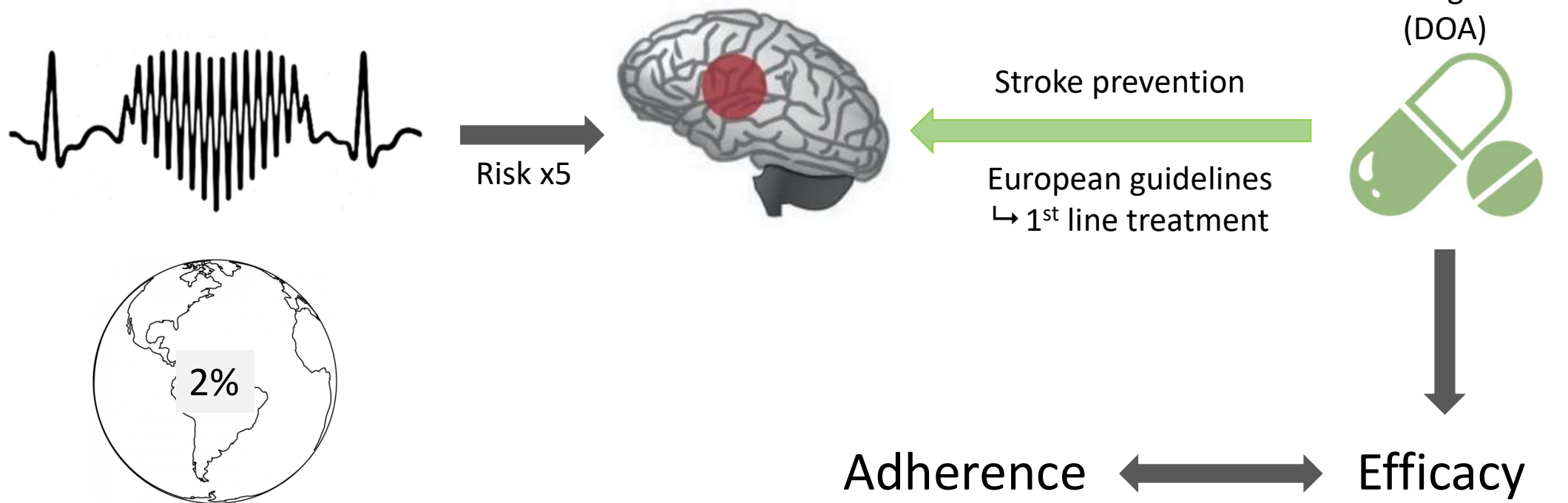
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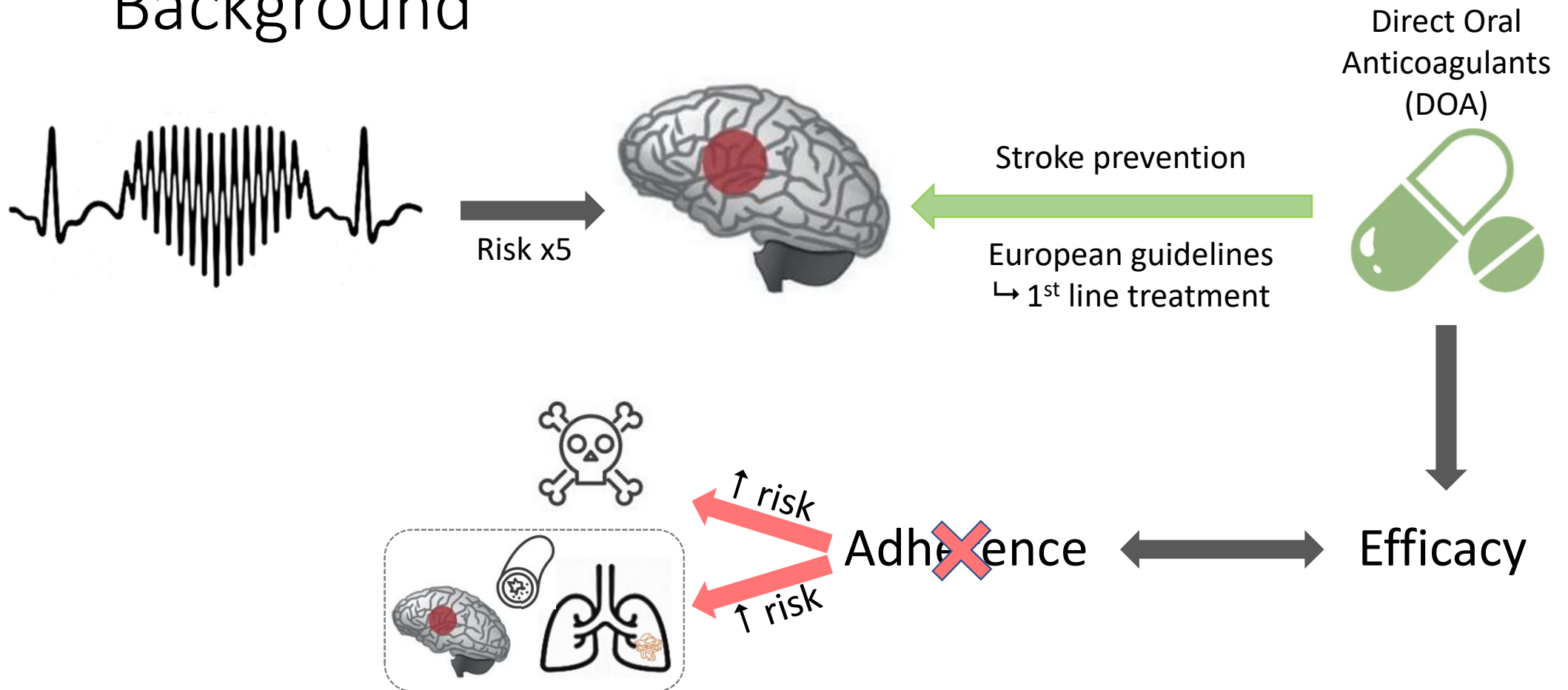
Disclosures

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- All authors have no relationships to disclose

Background



Background



What is known ?

PDC <80%



+ 65 yo



New users

Threshold used
for non-adherence

Population

Category of DOA users

PDC: Proportions of Days Covered ; DOA: Direct Oral Anticoagulants

Salmasi, *BMJ Open*, 2020 ; Maura, *Pharmacoepidemiol Drug Saf.*, 2017

What is known ?

What is new ?

France

PDC <80%



+ 65 yo



New users

Threshold used
for non-adherence

Population

PDC <80%

PDC <90%



+ 18 yo

Category of DOA users



New users

Old users

PDC: Proportions of Days Covered ; DOA: Direct Oral Anticoagulants

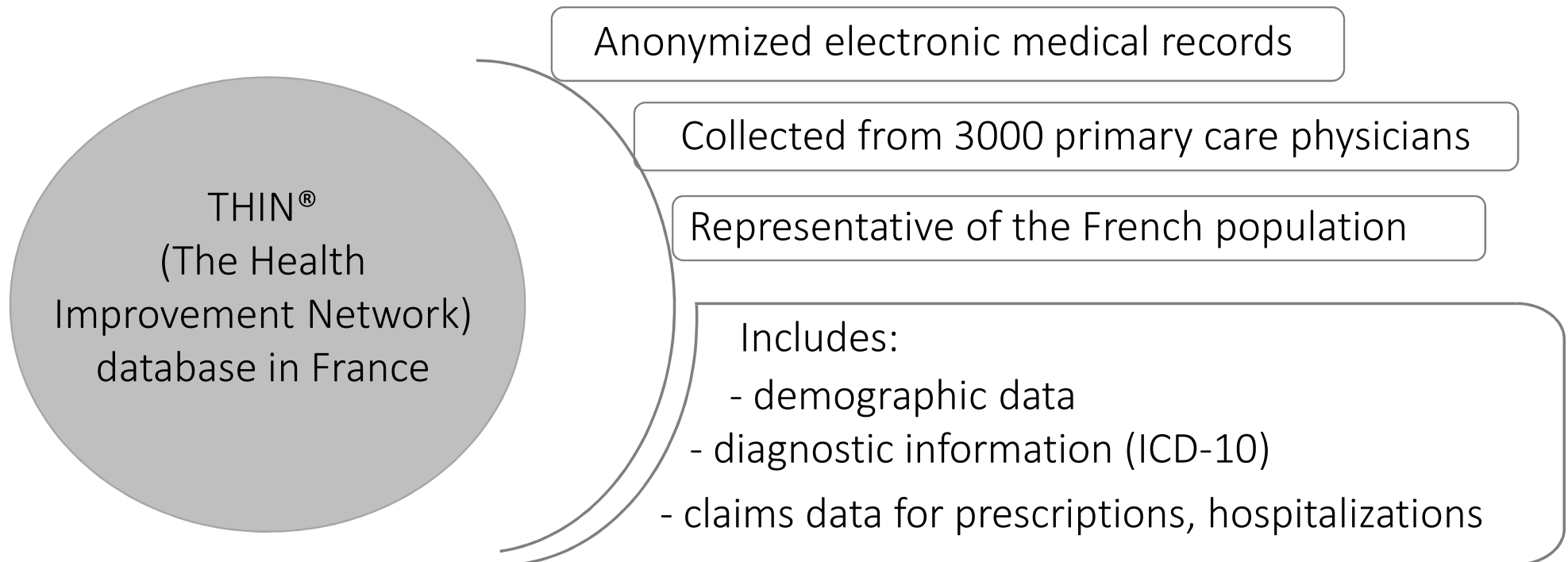
Kim, *EP Europace*, 2020 ; Komen, *Eur Heart J Cardiovasc Pharmacother.*, 2021

Objectives

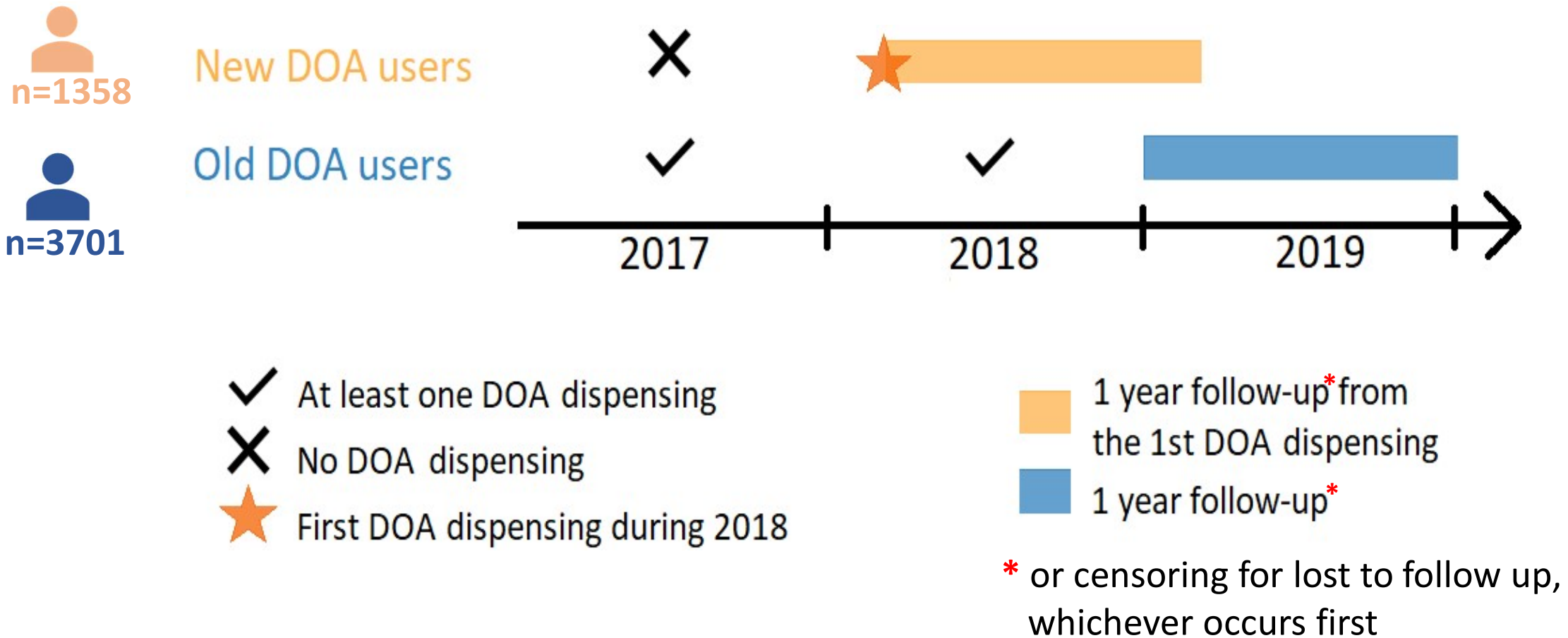
In AF patients (+18yo):

- Estimate the non-adherence
 - ↳ Among new users and old users
 - ↳ At 2 thresholds: <80% & <90%
 - ↳ At 6 months & 1 year
- Identify factors associated with non-adherence

Data sources



Cohorts definition and study design



Statistical analysis

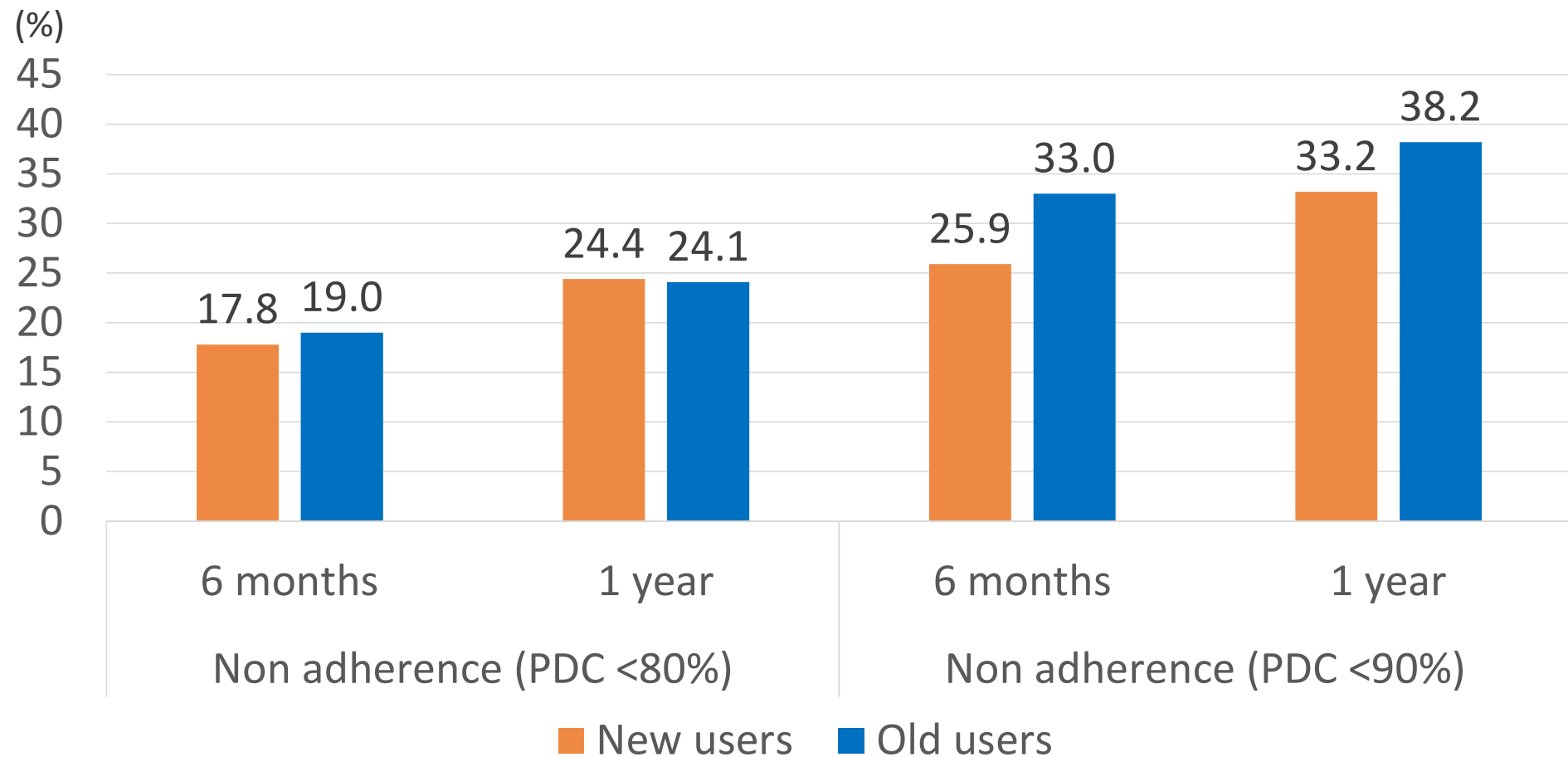
- Adherence - Proportion of Days Covered (PDC)
Calculated with the AdhereR package (R)
Stockpiling allowed
Adherent during hospitalisation
- Associated factors: multivariate logistic regression (AIC criterion)

Baseline characteristics

	New users N = 1,358 ¹	Old users N = 3,701 ¹
Sex		
Men	753 (55.4%)	2,136 (57.7%)
Age at baseline (years)	74.5 ± 10.3	76.4 ± 9.3
Specialty of the prescriber		
General practitioner	1,050 (77.3%)	3,032 (81.9%)
Cardiologist	308 (22.7%)	669 (18.1%)
Coronary heart diseases	174 (12.8%)	469 (12.7%)
Hypertension	870 (64.1%)	2,560 (69.2%)
Diabetes	269 (19.8%)	798 (21.6%)
Gastrointestinal diseases	302 (22.2%)	967 (26.1%)
Chronic pulmonary disease	448 (33.0%)	1,320 (35.7%)
History of bleedings	193 (14.2%)	704 (19.0%)
Charlson Comorbidity Index Score	4.6 ± 2.2	4.9 ± 2.1
Prior use of Vitamin K Antagonists	296 (21.8%)	*
Number of comedications		
0-4	356 (26.2%)	1,071 (28.9%)
>=5	1,002 (73.8%)	2,630 (71.1%)

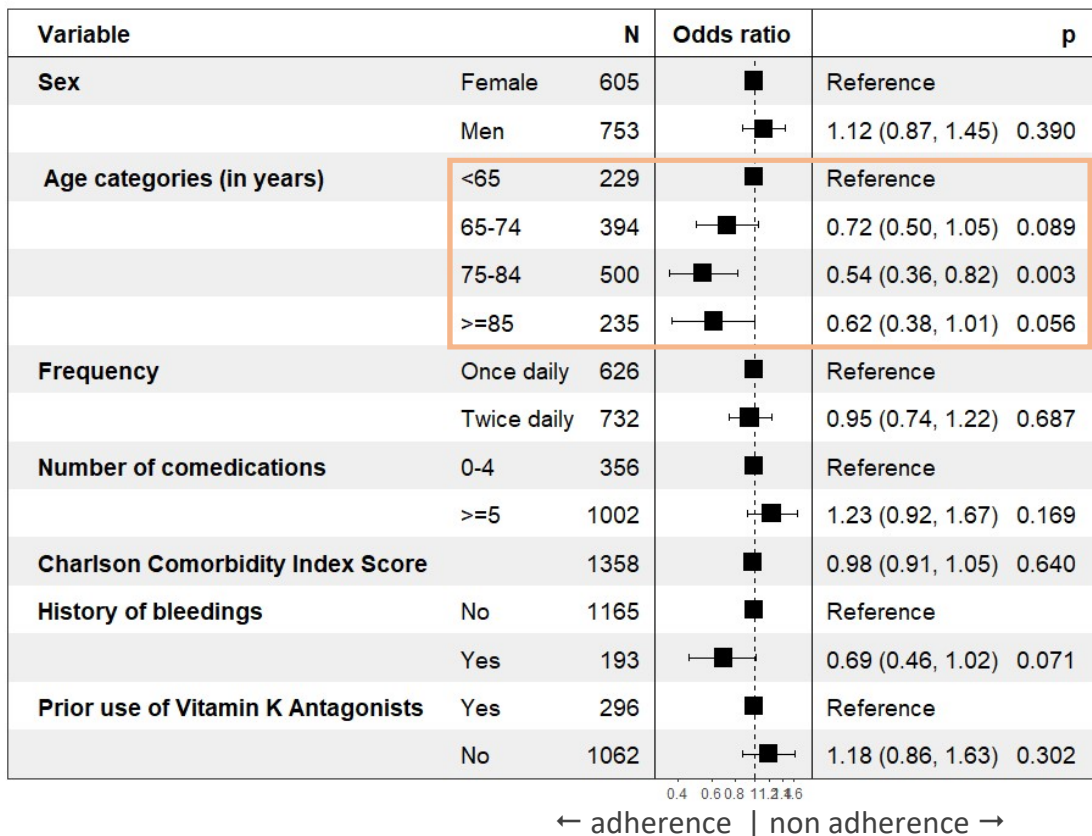
¹ n (%); Mean±SD; Median (IQR) * : not applicable

Non Adherence rates

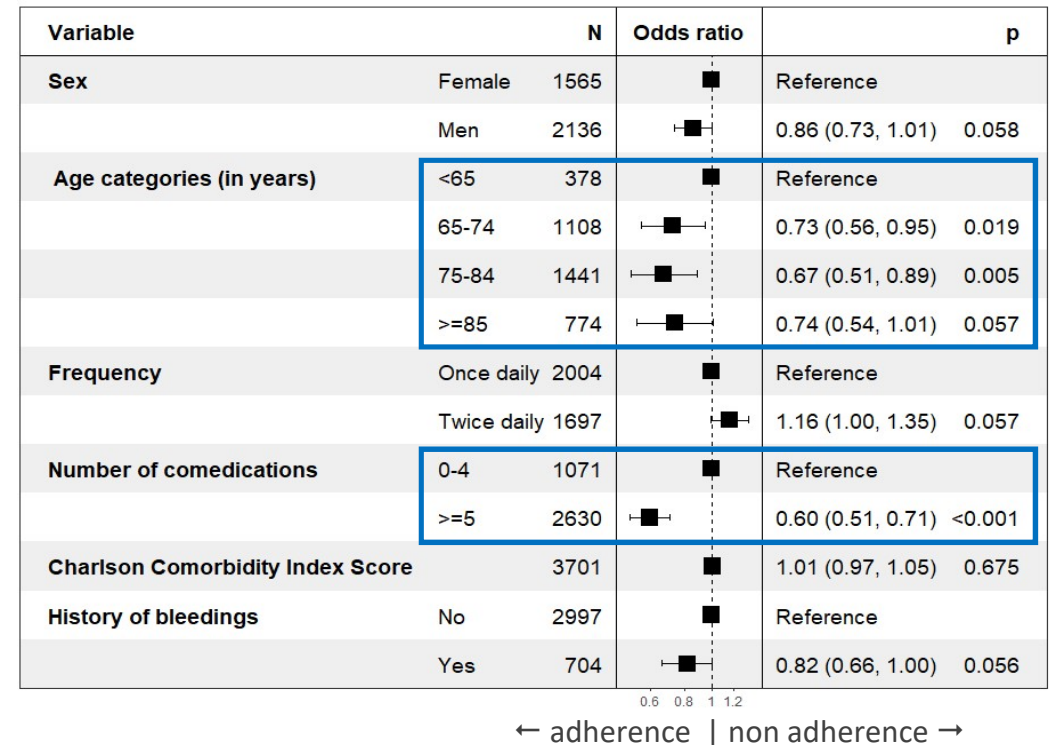


Factors associated with non adherence (PDC<80%) at 1 year

New users



Old users



Limitations

- Administrative databases : coding limitations
- Non adherence based on dispensing data
 - ↳ no possibility to check the real drug intake
- No information on reasons for non-adherence in the database

Key messages

- 80% threshold : similar rates in both populations
 - ↳ 24% at 1 year
- 90% threshold : small difference – new users adhere better
 - ↳ 33-38 % at 1 year
- Protective associated factors at 1 year:
 - Age ≥ 65 yo (both population)
 - Have a number of concomitant ≥ 5 drugs (old users)

Thank you for your attention

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